HELVETICA

The Swiss Shower offers an extraordinary fusion of the elegant experience of the emotional shower and the toning benefits of targeted massage. Completely enveloping the person with water, this experience provides a invigorating and refreshing effect on the muscles through its water jets. The heart of the Swiss Shower lies in its lateral jets, carefully designed to provide a toning massage to specific areas of the body. This targeted approach is ideal for releasing accumulated muscle tension, offering effective relief and contributing to overall relaxation. The combined effect of the emotional shower and the lateral jets also promotes the reactivation of blood circulation. This stimulating process is essential for improving the flow of nutrients and oxygen to the tissues, promoting a sensation of vitality and well-being. What makes the aquaform Swiss Shower even more extraordinary is the presence of 4 distinct dynamic programs: Sport, Relax, Balance, and Energy. Each program has been specially designed to offer a personalized treatment, catering to the diverse needs of users. Whether it's promoting muscle recovery after physical activity, creating a relaxing atmosphere, maintaining balance, or energizing the body, the Swiss Shower adapts to every mood and objective.





Relax
Energy
Balance
Sport

PROGRAMS

0



RELAX





The 'Relax' programme is a meticulously crafted experience to induce deep relaxation and awareness through a harmonious blend of calming effects. This programme aims to cultivate a deep sense of calm and tranquillity using warm water temperatures, gradual and subtle transitions and a carefully curated colour palette dominated by serene blues and greens. During the 'Relax' programme, sequenced water jets gently caress the body, focusing on different areas to provide a soft, enveloping massage. These expertly orchestrated sequences promote

muscle relaxation and the release of tension, encouraging a state of physical and mental rest. The incorporation of cool, calming tones such as blue and green enhances the programme's calming effects. These colours are known to have a calming influence on the mind, potentially lowering heart rate and blood pressure and promoting a sense of balance and serenity. The interaction of gentle water pressure and calming colour therapy creates an immersive environment that promotes stress reduction and mental clarity.

END

10'

 Total time: 195"

 10"
 5"
 10"
 5"
 6"
 5"
 8"
 10"
 10"
 5"

 JETS

 Image: Rain
 38°
 36°
 38°
 38°
 38°
 38°





Example of HELVETICA 70

ENERGY



The energy program is an experience specially designed to provide energy and vitality, using a combination of dynamic and stimulating elements. This program aims to awaken the body and mind through frequent changes in temperature, dynamic sequences of overhead and lateral water jets, and the use of alternating warm and cool colors. During the "Energy" program, dynamic sequences of high-pressure water jets are performed on the body. These sequences, focused on different parts of the body, offer a vigorous and invigorating massage. The use

of alternating warm and cool colors contributes to creating a lively and dynamic atmosphere. Warm colors, such as red and orange, can stimulate and energize, while cool ones, like blue, can refresh and invigorate.





Example of HELVETICA T65

BALANCE



to gently stimulate the muscles and release any tensions, with particular attention to areas associated with physical balance, such as the neck, shoulders, and back. A distinctive element of the "Balance" program is the calibrated rhythm, similar to that of a metronome. This regular rhythm, like the ticking of a clock, is used to create a sense of controlled time and to guide the mind towards a state of relaxed concentration. This rhythmic component helps stabilize the perception of time and stimulate the mind in a measured and harmonious way.



Example of HELVETICA T65





SPORT



The sport program is designed to meet the specific needs of those seeking a treatment dedicated to muscle recovery and relaxation after intense physical activity. This program aims to offer specific benefits for athletes and anyone who has subjected their body to intense physical efforts. During this treatment, water temperatures vary gradually to create a thermal contrast effect. This gradual transition between warmer and cooler temperatures stimulates blood circulation and promotes muscle involves a sequence of sequential massage with lateral jets, designed to cover various areas of the body involved in physical activity. This targeted massage helps improve flexibility, reduce muscle stiffness, and promote relaxation. During the "Sport" program, sounds and aromas are used to create an energizing atmosphere. These additional sensory elements help stimulate both the body and mind, offering a sensation of vitality and renewal.



Example of HELVETICA 70



aquaform









Control unit

Electrical supply: 230 V Power supply: 100 W Water supply: 1/2 inch male Dimension: 525 x 500 x 149,5 mm Pre-wired control panel with stainless steel support to be installed in technical compartment. User interface with display for setting parameters. Electronic mixer for automatic temperature and 12V power supply.

Programs

Activation: 4 push buttons keyboard in super mirror stainless steel. Dimesion keyboard: 210 x 90 x 3 mm Functions: 1 Program: 3 Program: P-RELAX Relax program P-BALANCE Balance program 2 Program: 4 Program: P-ENERGY Energy program P-SPORT Sport program Nebulized Aerated x3 Massage side jet x6)(| Copper bronze Gold OA-200AU OA-200CBRX brushed Copper bronze OA-200CBR Gun metal OA-200GMX Gun metal OA-200GM brushed Gold brushed OA-200AUX

HELVETICA 70 PRO OA-600			×2) (x2) (x2) (x2) (x2)	HELVETICA 7048 OA-610	
Description	Technical info Ceiling mounted built-in square showerhead 700 x 700 mm with 4 led RGBW. N.6 Wall mounted built- in square side jets 75 mm. Ceiling recess depth: 150 mm Wall recess depth: 53,5/71 mm Water Supply: 1/2" inch	Control unit Electrical supply: 230 V Power supply: 100 W Water supply: 1/2 inch male Dimension: 525 x 500 x 149,5 mm Pre-wired control panel with stainless steel su technical compartment. User interface with d Electronic mixer for automatic temperature a	lisplay for setting parameters.	Description	Technical info Ceiling mounted built-in rectangular showerhead 700 x 480 mm with 4 led RGBW. N.6 Wall mounted built- in round side jets 75 mm. Ceiling recess depth: 150 mm Wall recess depth: 53,5/71 mm Water Supply: 1/2" inch
Functions	Operating pressure: 1,5-5/3 bar Optional N.2 Support frames with integrated aroma pumps with mint and citrus tanks. Dimension 1 set aroma: 830 x 198 h 201 mm. N.2 integrated transducers on the topof showerhead and audio system with micro sd card.	Programs Activation: 4 push buttons keyboard in super mirror stainless steel. Dimesion keyboard: 210 x 90 x 3 mm Functions: 1 Program: P-RELAX Relax program P-BALANCE Balance program 2 Program: P-ENERGY Energy program P-SPORT Sport program		Functions	Operating pressure: 1,5-5/3 bar Optional N.2 Support frames with integrated aroma pumps with mint and citrus tanks. Dimension 1 set aroma: 830 x 198 h 201 mm. N.2 integrated transducers on the topof showerhead and audio system with micro sd card.
Jets	Rain x1	Nebulized x4 A	ical aerated x2	Jets	Rain x1
	Aerated x2	Massage side jet			Massage side jet
Finishes	Chrome OA-600C Brushed chrome OA-600X White OA-600W Matt black OA-600BK	Copper bronze OA-600CBR	Copper bronze orushed Gun metal orushed	Finishes	 Chrome OA-610C Brushed chrome OA-610X White OA-610W Matt black OA-610BK



Control unit

Electrical supply: 230 V Power supply: 100 W Water supply: 1/2 inch male Dimension: 525 x 500 x 149,5 mm Pre-wired control panel with stainless steel support to be installed in technical compartment. User interface with display for setting parameters. Electronic mixer for automatic temperature and 12V power supply.

Programs

Activation: 4 push buttons keyboard in super mirror stainless steel. Dimesion keyboard: 210 x 90 x 3 mm Functions:

1 Program:

- P-RELAX Relax program
- 2 Program:
- P-ENERGY Energy program

3 Program:
P-BALANCE Balance program
4 Program:
P-SPORT Sport program

Nebulized





Gold	0A-610AU	Copper bronze	OA-610CBRX
Copper bronze	OA-610CBR	Gun metal	
Gun metal	OA-610GM	brushed	OA-610GMX
Gold brushed	OA-610AUX		

Legend



Versatility	Helvetica can be easily integrated into different spa settings, as part of a thermal circuit or as a specific treatment. Its versatility makes it <i>adaptable to various stages of a spa session.</i>
Flexible and customizable	Helvetica offers various programming and adjustment options, allowing users to <i>customize the experience</i> according to their preferences. This makes the shower suitable for different needs and <i>individual preferences.</i>
Thermal contrast	Helvetica's programs excel in delivering thermal contrasts, effectively producing a wide range of <i>physical benefits</i> associated with this technique. The system's precise temperature control and strategic application of heat and cold stimuli <i>maximize the therapeutic impact</i> , enhancing circulation, reducing inflammation, and promoting overall wellness.
Muscle recovery	Helvetica features a specialized program that harnesses relatively low temperatures in conjunction with <i>high-pressure water jets.</i> This unique combination, delivered through carefully designed sequences, effectively <i>releases muscle tension</i> and enhances flexibility. The program is particularly beneficial for shortening physical recovery time after sports activities, making

it an invaluable tool for athletes and fitness enthusiasts.



Technical information

oles	
ipe	diam

Water flow	min 25 l/m
Water supply	1/2" inch
Operating pressure	1,5/5 bar
Recommended pressure	3 bar