
METAWELL
MIND-BODY WELLNESS TECHNOLOGIES
RLX BRAINGYM™
Mental Fitness Lounger

Think of it as a Gym for your brain

RLX BrainGym™ (formerly RLX Satori) is a zero-gravity lounger with powerful, evidence-based technology to train your brain to relax, recharge, and reset. Through patented binaural vibroacoustics, tactile sound, and synchronized binaural audio frequencies, it guides brainwave patterns into states of deep relaxation, meditation, deep sleep, and heightened focus. With 40 targeted programs, RLX BrainGym™ supports mind-body recovery and longevity through mental clarity, sleep optimization and behavioral change.

Much like meditation, it synchronizes body and mind, without any effort. This unique combination of mental and physical stimulation has been clinically proven to reduce the symptoms of stress and anxiety— while also helping individuals develop healthier neural pathways and sustain calmer, more balanced lives.

Trusted by leading hotels, wellness and longevity centers, clinical health facilities, therapy and rehabilitation clinics, this mental fitness lounger is also versatile in design and application. Equally at home in a luxury spa lounge, a doctor’s office, or as a touchless wellness treatment in private residences, it delivers a complete mind–body recovery with transformative power and impressive results.



The Technology

All BrainGym™ programs utilize audio vibrations, or sine waves, embedded into a multi-layered sound technology.

These sound frequencies, when precisely delivered, create synchronization between the brain's left and right hemispheres.

This hemispheric synchronization results in a quieting of the mind, allowing deep relaxation, meditation, and dreamless sleep to occur.

Through repeated use, this entrainment process allows new neural pathways to be created, promoting lifelong behavior changes.





The Benefits

- Mental Fitness & Brain entrainment
- Evidence-based for low-energy, lack of sleep, anxiety & stress states
- Supports behavioral change including weight reduction & addiction recovery
- Mental Clarity, improved Focus & emotional Balance

The multi-award winning RLX BrainGym™ offers a non-invasive approach to delivering reliable and favorable outcomes without the need for medications, supplements, mechanical implements or electrical stimuli.

The BrainGym™ Programs

The BrainGym™ system offers a selection of nine modules, each with 4-6 programs. There are five voice-guided programs in English (available in other languages) with a total of 40 programs.

The additional demo-program provides an introduction to the BrainGym™ technology.

All of the relaxation and meditation programs guide the brainwaves to alpha and theta levels.



BREATHE (non-verbal)

A series of six meditation programs with non-verbal breath work cues. The program is designed for people with English language barriers.



CHAKRA (non-verbal)

A series of six programs designed to align each Chakra of the body, while guiding brainwaves to a deep meditative state.



GAMMA (non-verbal)

A series of four Gamma wave programs for better focus, memory retention and mental clarity. The Gamma Meditation program involves Gamma brainwaves, which improve cognitive function and memory and are associated with compassion and gratitude.



VIBRATIONAL WELLNESS (Two guided, two non-guided programs)

A series of two guided, two non-guided programs ranging from 16 minutes to 50 minutes, focusing on mind/body wellness and healing.



MEDITATION ENERGY (voice guided)

A series of 6 programs ranging from grounding and stress reduction to energetic cleansing and mind-body regeneration.



SLEEP (non-verbal)

The Sleep Wave program offers two programs. They range from programs for relaxation, meditation, sleep, positive self-image, brain fitness and behavioral change.



TOBACCO CESSATION (voice guided)

A series of four behavioral-change programs designed to be followed in sequence.



RECOVERY SUPPORT (voice guided)

Four sequential behavior-change modules delivered through voice guidance help users regain stability after setbacks.



WEIGHT MANAGEMENT (voice guided)

Four sequential behavior-change modules support sustainable weight control.

I really felt like I left wherever I was, I was somewhere else.

Basma Kholief, PR & Partnership Lead at Cruise Saudi

View Testimonial

If your meditation is hard or you have trouble getting into that zone... it's a beautiful experience.

Dawn, Spa Director

View Testimonial



Our Clients

Get Inspired by Our Clients' Service Pricing



ZEM WELLNESS CLINIC

Altea, Spain

Read article

25 minutes / € 250,00



CARILLON WELLNESS RESORT

Miami, USA

Read article

20 minutes / $ 99,00



TALISE SPA

Marsa Al Arab, Dubai, UAE

Read article

45 minutes / AED 450,00

ROI Calculator

Example of calculation

Number of treatments per day: 5

Costs of treatment: € 250,00

CALCULATE **YOUR** ROI

Revenue per month: € 37.500,00

Revenue per year: € 450.000,00

Payback (month): 0,53

CLICK HERE!

Why Operators choose RLX BrainGym™

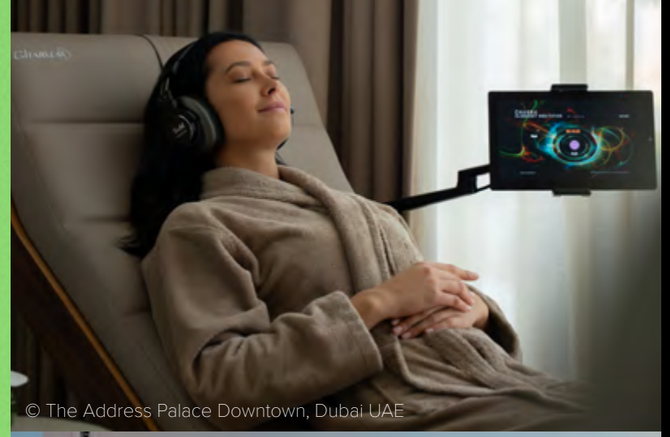
Effortless Wellness. Tangible Returns.

RLX BrainGym™ delivers meaningful moments of recovery and relaxation – no therapist, no dedicated treatment room, no complexity. Just pure, touchless efficiency that fits effortlessly into any environment and offering.

From hotel suites and medical clinics to fitness and social clubs, this wellness lounger enhances the guest experience with deeply relaxing, non-invasive journeys – while optimizing space, time, and operations.

- ☑ Quick turnaround, high-impact sessions
- ☑ High perceived value with minimal staffing
- ☑ Ideal for spas, suites, wellness lounges & underused zones
- ☑ Quiet, compact, and easy to operate
- ☑ Seamlessly integrates into existing treatments & guest flows
- ☑ Positions your business as a pioneer in tech-enhanced wellness

RLX BrainGym™ brings mental fitness into the heart of your wellness offering. Touchless, transformative, and designed to turn any space into a high ROI wellness zone.



© The Address Palace Downtown, Dubai UAE



© Elemis London Flagship Store, Covent Garden UK



© ZEM Wellness Clinic, Altea Spain

USPs

OPERATIONAL EFFICIENCY

- No dedicated treatment room or therapist required
- Easy setup with high ROI
- Ergonomic, quiet, and intuitive to operate
- Maximizes space with quick session turnover

TOUCHLESS ADVANTAGE

- Revenue-generating: standalone or integrated use
- Versatile for spas, medical centers, offices, lounges, suites & more
- Enhances the treatment experience and creates new guest journeys

The Metawell Difference

Choosing a wellness technology is only the beginning.

Premium Quality

Designed, engineered and manufactured by Gharieni, our technologies combine over three decades of industry knowledge and ‘Made in Germany’ craftsmanship and reliability..

Evidence-informed

Developed through scientific understanding and real-world research, giving operators and their clients confidence in every experience.

Operator Confidence

We help operators confidently select, integrate and position technologies to maximise the value your investment.

Commercial Value

Create differentiated wellness offerings, improve utilisation, increase guest engagement and unlock sustainable revenue opportunities.

Included with every Metawell technology

- Product & application training
- Operator Certification
- Education updates
- Marketing resources

Premium resources for implementing several Metawell technologies

- Proprietary Wellness Circuits
- Outcome design guidance
- Technology integration guidance
- Commercial positioning support
- Implementation support

> *Creating a successful wellness offering requires the right products, credible evidence and the expertise to integrate them into meaningful guest experiences that deliver lasting commercial value.*



Specifications

TECHNICAL SPECIFICATIONS:

- Access height: 42 cm (16.5 in)
- Length: 190 cm (74.8 in)
- Width: 73 cm (28.9 in)
- Load capacity (inc. tilting): 160 kg (353 lbs)
- Total weight of lounger: 92 kg (203 lbs)

FEATURES:

- Adjusts electrically to zero gravity position
- Integrated Smart-Thermo heating system
- 4 Tactile Sound Transducers
- Neck Support Cushion
- Headphones
- Includes tablet with stand
- International voltages available 100-240v 50-60hz

Pricing



Standard base



Elegance base

Options

Ambience light	included
Synthetic leather standard (special color)	included
Synthetic leather Ferrari Stamskin Top (special color)	included
Synthetic leather Ferrari antibacterial coated (special color)	330,00 €
Elegance base (with RGB-LED)	850,00 €
Metal parts (special color)	480,00 €
Frame: Optional wood finish	1.390,00 €

Details & Colors



Upholstery Synthetic Leather Standard and Stamskin (standard)

All Synthetic Leather Standard Colors
(see Materials & Colors Brochure)

All Synthetic Leather Stamskin Colors
(see Materials & Colors Brochure)

Metal Components (standard)

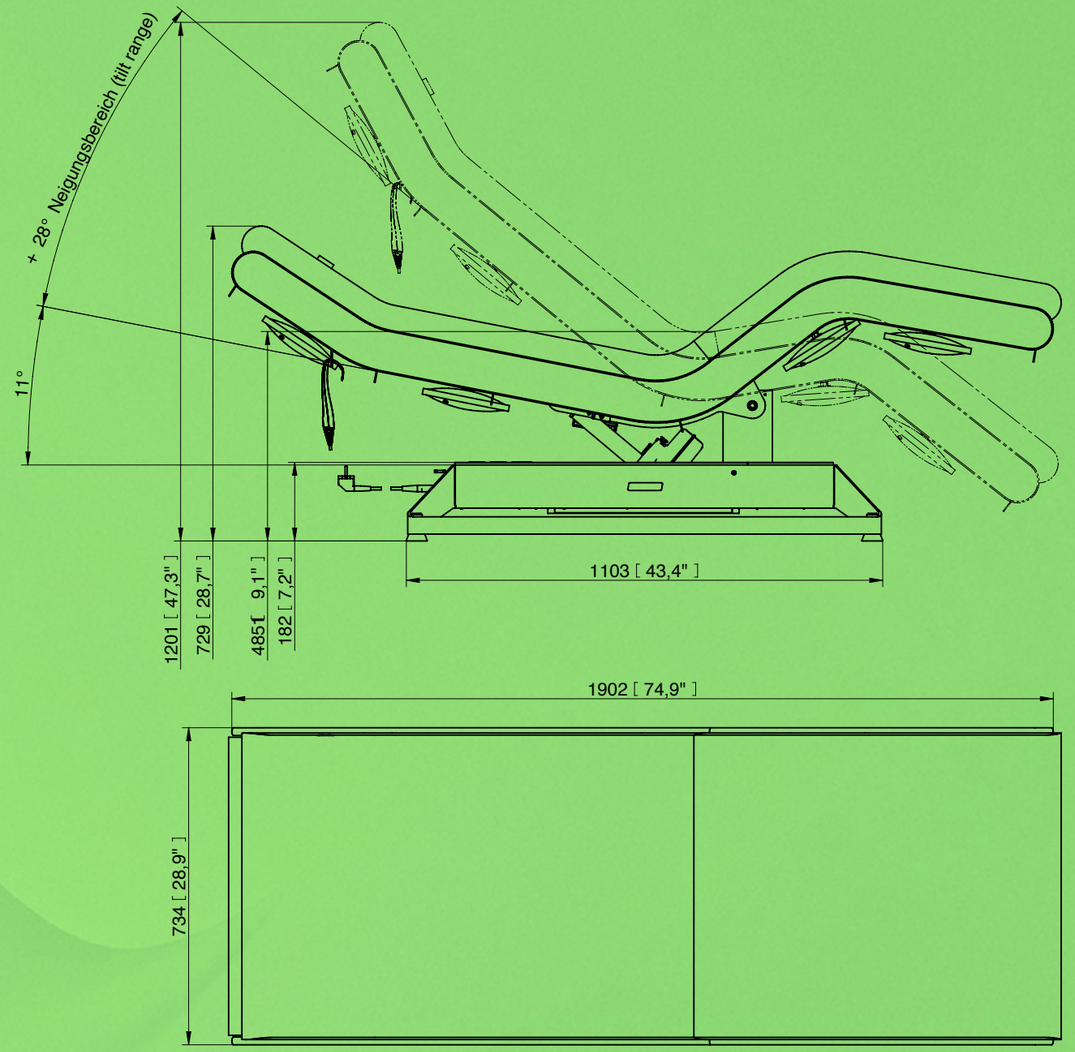
TRAFFIC WHITE | TITANIUM | SAND | GOLD | BRONZE | BLACK-BROWN | JET BLACK

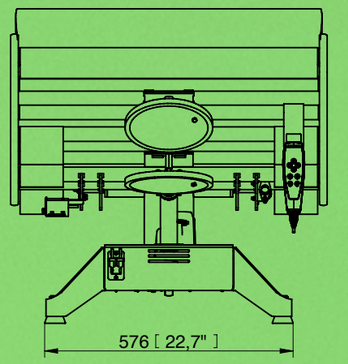
Wood Components (optional)

WALNUT

Click here to view
our full range of colors

Technical Design & Dimensions





Designed, engineered and manufactured in Germany

Ghareni Group certifications according to ISO13485

GHARIENIGROUP

Spavision

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